

LEARN FOOTBALL THE "BEAR WAY"

2018



OFFENSE

- CATCHING**
- ROUTE RUNNING**
- BLOCKING**
- THROWING**
- COORDINATION**
- SPEED**
- AGILITY**
- FOOTWORK**

\$30

INCOMING GRADES 3-8

JUNE 11-14

12PM-4PM

ED MARTIN STADIUM

DEFENSE

- TACKLING**
- COVERING**
- PASS RUSH**
- BLOCK DESTRUCTION**
- PURSUING**
- RUN FITS**
- CONDITIONING**
- AGGRESSIVENESS**

**LAWRENCE CENTRAL
FOOTBALL CAMP**

LAWRENCE CENTRAL BEARS FOOTBALL YOUTH CAMP

When: June 11, 12, 13, 14

Incoming Grades: 3rd, 4th, 5th, 6th, 7th, 8th

Time: 12:00pm-4:00pm

Location: Ed Martin Stadium, 7300 E. 56th St Indianapolis, IN 46226

ABOUT THE CAMP: The Lawrence Central Bears Football Youth Camp will consist of football fundamentals with personal instruction from the Varsity Coaching Staff and selected high school players. Lunch will be provided in the Lawrence Central Main Cafeteria from 12:00pm-12:45pm. Lunch is not mandatory, but it is offered for those who want it. Once the Campers finish eating they will make their way to the Lawrence Central Football Field for the remainder of the day.

WHAT TO BRING: Campers will need to dress in shorts, t-shirt, and athletic shoes. Cleats and Mouth Pieces are recommended. Water will be provided.

COST: \$30 per Camper. Cash or Check. Price includes Bears Football T-Shirt. **Make checks payable to Lawrence Central High School. Payment Deadline: June 11th. Walk-Ups will be accepted. Email any questions concerning payment to JohnRodenberg@msdlc.k12.in.us or call 513-307-3890.**

HOW TO SIGN UP: Those wishing to pre-register should fill out the attached form and send it along with your \$30 payment to:

Lawrence Central High School
ATTN: John Rodenberg
7300 E. 56th Street
Indianapolis, IN 46226

OR

Drop off at Lawrence Central
Athletics' Office

Future Bear's Name: _____

School Attending Next Fall: _____

Grade for Next Fall: 3rd 4th 5th 6th 7th 8th

T-Shirt Size: ADULT S M L XL XXL
 YOUTH S M L

Any Medical Conditions: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

I hereby authorize the Lawrence Central coaches to act for me according to their best judgement in any emergency requiring medical attention. I hereby grant permission for my son/daughter to participate in the camp and acknowledge that he/she is physically able to participate in all activities. I hereby waive and release Lawrence Central High School and all camp personnel from any liability for any injuries or illness incurred while at camp.

Signature of Guardian/Parent: _____