

**LEARN FOOTBALL THE "BEAR WAY"**

**2018**



**OFFENSE**

**CATCHING**  
**ROUTE RUNNING**  
**BLOCKING**  
**THROWING**  
**COORDINATION**  
**SPEED**  
**AGILITY**  
**FOOTWORK**

**\$30**

**INCOMING GRADES 3-8**

**JUNE 11-14**

**12PM-4PM**

**ED MARTIN STADIUM**

**DEFENSE**

**TACKLING**  
**COVERING**  
**PASS RUSH**  
**BLOCK DESTRUCTION**  
**PURSUING**  
**RUN FITS**  
**CONDITIONING**  
**AGGRESSIVENESS**

**LAWRENCE CENTRAL  
FOOTBALL CAMP**

**LAWRENCE CENTRAL BEARS FOOTBALL YOUTH CAMP**

**When:** June 11, 12, 13, 14

**Incoming Grades:** 3rd, 4th, 5th, 6th, 7th, 8th

**Time:** 12:00pm-4:00pm

**Location:** Ed Martin Stadium, 7300 E. 56th St Indianapolis, IN 46226

**ABOUT THE CAMP:** The Lawrence Central Bears Football Youth Camp will consist of football fundamentals with personal instruction from the Varsity Coaching Staff and selected high school players. Lunch will be provided in the Lawrence Central Main Cafeteria from 12:00pm-12:45pm. Lunch is not mandatory, but it is offered for those who want it. Once the Campers finish eating they will make their way to the Lawrence Central Football Field for the remainder of the day.

**WHAT TO BRING:** Campers will need to dress in shorts, t-shirt, and athletic shoes. Cleats and Mouth Pieces are recommended. Water will be provided.

**COST:** \$30 per Camper. Cash or Check. Price includes Bears Football T-Shirt. **Make checks payable to Lawrence Central High School. Payment Deadline: June 11th. Walk-Ups will be accepted. Email any questions concerning payment to [JohnRodenberg@msdl.k12.in.us](mailto:JohnRodenberg@msdl.k12.in.us) or call 513-307-3890.**

**HOW TO SIGN UP:** Those wishing to pre-register should fill out the attached form and send it along with your \$30 payment to:

Lawrence Central High School  
ATTN: John Rodenberg  
7300 E. 56th Street  
Indianapolis, IN 46226

**OR**

Drop off at Lawrence Central  
Athletics' Office

Future Bear's Name: \_\_\_\_\_

School Attending Next Fall: \_\_\_\_\_

Grade for Next Fall:    3rd    4th    5th    6th    7th    8th

T-Shirt Size:            ADULT            S    M    L    XL    XXL  
                                  YOUTH            S    M    L

Any Medical Conditions: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

I hereby authorize the Lawrence Central coaches to act for me according to their best judgement in any emergency requiring medical attention. I hereby grant permission for my son/daughter to participate in the camp and acknowledge that he/she is physically able to participate in all activities. I hereby waive and release Lawrence Central High School and all camp personnel from any liability for any injuries or illness incurred while at camp.

Signature of Guardian/Parent: \_\_\_\_\_